



THE PLASTIC SURGERY
&
LASER CENTER

SKIN HEALTH RESTORATION

People looking to achieve younger and healthier looking skin spend billions of dollars each year. Many of these individuals are disappointed by a lack of good results. Improving your skin's appearance on a long-term basis requires more than a quick, topical application to "cover up" blemishes or wrinkles. It requires a realization that your skin is an ever-changing, ever growing organ that is constantly replacing itself. The correction of skin problems is not achieved by covering them up, but by working with the skin to restore its natural, healthy state.

Conventional "skin care" creams and lotions are unable to deliver their ingredients to an effective depth, and for that reason they are therapeutically weak. They may give the illusion or the feel of improving some skin problems, but most of their action is wasted on the surface. In short, they cannot restore skin health.

At the Plastic Surgery and Laser Center, we seek to provide and maintain healthier skin through a line of quality skin care products. We emphasize a skin health restoration program that offers control, allowing you to progress at your own pace under the supervision of your physician and/or skin care specialist. Our program aids in healing the skin from within, starting at its basal layer up to the surface. This provides long lasting natural results that no topical cosmetic could ever hope to achieve.

Our program incorporates the unique concepts of correction and stimulation of the skin, which leads to the strengthening of skin function. This results in the production of collagen, elastin and healthier skin cells; and ultimately smooth, firm skin with an even color tone.

We combine the best effects of Retin-A, alpha-hydroxy acids, hydroquinone (a bleaching agent), and sunscreens to enhance your skin functioning. Our program is designed to address and correct: 1) uneven pigmentation, 2) unsightly blemishes, 3) sun damaged skin, 4) fine wrinkles, 5) age spots, 6) acne, 7) large pores, and 8) precancerous lesions.

Adhering to a program that accomplishes the following creates healthy skin:

- 1) **Enhancing:** a process of cleaning and toning, with the maintenance of the skin's normal pH.
- 2) **Correction:** to correct skin surface disorders and abnormal pigmentation, thus restoring a visible purity to the skin.

- 3) **Stimulation:** restoring skin elasticity, enhancing the production of collagen, and replacing old damaged cells.
- 4) **Moisturizing:** a limited process for dry skin in the early stages of treatment, usually not required when skin health is restored.
- 5) **Prevention:** utilizing sunscreens to help prevent sun damage and associated pigmentary problems.
- 6) **Maintenance:** long-term skin care once correction and stimulation has been achieved.

During your initial consultation we will discuss with you concerns or problems you may be having with your skin. We will carefully review your skin health history and examine your face, neck, and other areas for which you desire treatment. Photographs will be taken so that we may “visualize” your progress. We will then recommend a skin restoration program that suits your needs and allows you to progress at your own pace.

During the initial correction and stimulation phase (four to six weeks), you may notice more redness and scaling as the sun and age-damaged top layer is replaced by a new layer of healthier skin. We ask that you return to our office on a periodic basis during the build up and tolerance phase (first one to three months) so that we can monitor your progress and address any concerns or questions you may have regarding your skin restoration program.

Once your skin has been corrected, it becomes easy to maintain your new healthy, younger looking skin. We will advise you on a maintenance regimen that best fits your skin type and the nature of your skin problems.

Our goal is to provide you with smoother, healthier, and younger looking skin regardless of your age, color, or skin type.